



Massages at La Maison de Pommard

Enjoy a nice and relaxed session to reconnect with your mind and body...

Our massages are performed by an experienced masseuse.

We kindly recommend that you book your massage as soon as possible because the masseuses have busy schedules.

Thai Massage

Like a graceful choreography, this treatment combines stretching and acupressure techniques in a harmonious flow, designed to restore balance and energize your body.

Ayurvedic Massage

Inspired by ancient Indian traditions, this deeply relaxing massage releases muscular tension and rebalances energy flows. Performed with rhythmic movements from head to toe and enriched with carefully selected oils, it revitalizes the body while helping to eliminate toxins.

Sports Massage

A powerful and invigorating treatment, this massage targets deep muscle layers to relieve tension and enhance recovery. Both energizing and relaxing, it is especially appreciated by athletes and active individuals.

Californian Massage

A gentle, enveloping massage using long, flowing strokes and soothing pressure. Its slow rhythm invites deep relaxation, calming both body and mind.

Our Exclusive Treatments

Mother-to-Be Massage

A nurturing and gentle treatment tailored for pregnancy, designed to respect the natural development of your baby. It helps relieve back pain, reduce the sensation of heavy legs, and ease emotional stress.

Essential oils are not used in this treatment.

Kobido – The Traditional Way of Beauty

An exceptional Japanese facial massage renowned for its anti-aging benefits. Combining precise, rhythmic movements with varying intensities along the energy meridians, Kobido tones and relaxes facial muscles. The result is a radiant complexion, visibly revitalized, firmed, and naturally lifted, while promoting overall relaxation and balance.

Personalized Care

Each treatment is uniquely tailored to you. Your therapist takes the time to understand your needs, areas of tension, and personal preferences. Whether you seek a gentle, soothing experience or a more invigorating, deep-tissue approach, every technique is carefully selected to provide a truly customized moment of well-being.

Our Natural Oils

We use a selection of high-quality oils chosen for their beneficial properties:

Daisy: nourishing and firming

Hazelnut: highly absorbent, promotes drainage

Joboba: suitable for all skin types

Sweet Almond: softening, soothing, and hydrating

Calendula: calming and anti-inflammatory

Lemon Eucalyptus: relieves muscle and joint discomfort

Wintergreen: warming and soothing for muscles

Arnica: supports circulation and eases tension

Lavender: promotes relaxation and restful sleep

Mandarin: calming and stress-relieving

Horse Chestnut: supports healthy circulation

Linden: helps reduce water retention

Prices

1 hour — €75

1 hour 15 minutes — €90

Sports Massage and Kobido are available as 60-minute treatments only.